

# Nursing Homes

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Nursing homes offer skilled and custodial care for people with limited or no ability to function independently. Nursing homes provide room, board, housekeeping, laundry services, skilled nursing care, medication management, special diets, therapy, assistance with personal care and social activities for residents.

Some nursing homes offer specialized care, such as for dementia patients or those with brain injuries or on a ventilator, while others offer short-term skilled care for those recuperating from a surgery or other acute medical event. Most nursing facilities offer a combination of therapeutic, skilled nursing and custodial (personal) care.

Nursing homes have both private and shared rooms. Since they are self-contained environments, they have dining rooms, recreation areas and often libraries, snack bars and beauty salons on site. Those that offer rehabilitation have physical, occupational and speech therapy areas as well.

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## Applicable for:

- An individual whose physical and/or mental status has deteriorated to the extent that they can no longer be safe at home or in an assisted living facility;
- people who exhibit difficult behaviors, such as aggression or wandering, who cannot be managed at home or in an assisted living facility; and,
- someone who is recuperating from surgery or an illness who needs short term-skilled nursing and rehabilitation before returning home.

*The views and analysis provided in this report are solely those of Elder Care Sources, LLC. They do not necessarily reflect the views of any client, partner or audience to whom they have been presented. Inquiries are welcomed at [info@eldercarehelper.com](mailto:info@eldercarehelper.com), 847-475-3200.*

## 2012 National Cost Rates\*

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**Private Room:** Average: \$248/day

**Semi-private Room:** Average: \$222/day

[Click here for state-specific rates.](#)

## Who pays for nursing home care?

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- Person receiving care (private pay).
- Long-term care insurance.
- Veteran's benefits and pensions.
- Medicaid.
- Medicare covers short term skilled nursing and rehabilitation services. Refer to [Medicare](#) for for eligibility requirements and coverage limits.

*\* Source: 2012 MetLife Market Survey of Long-Term Care Costs*

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